



Employee Assistance Programme

Benefit

Envigo provides an Employee Assistance Programme, for all employees. This benefit offers information and counselling on a wide range of personal and work-related topics such as debt management, family relations, health problems and work issues. This service is provided by Telus Health a leading EAP provider and it is completely free for you to use.

There is no need to apply, you are automatically entitled to this benefit upon joining the company with the cost of the benefit being funded by the company.

Key Features

Telephone counselling

One phone call can put you in touch with an experienced, professional counsellor who will assist you in talking through your concerns and feelings and help you consider the options. They can help with a wide range of personal and work-related problems such as bereavement, stress, marital and relationship difficulties, alcohol and drug abuse, loss of confidence, workplace issues and debt.

Face-to-face counselling

If you feel you would benefit from face-to-face counselling, you can have up to four sessions which will be arranged in a convenient location near your home or workplace.

Telephone health and wellbeing advice

You are also provided with immediate access to a Health and Wellbeing Advisory Service, where you can discuss concerns about your health and wellbeing with qualified health professionals.

Online portal

You can access the online 'Health and Wellbeing' portal via the Telus Health website. This portal offers a range of resources, which can help you develop a healthier, more balanced, lifestyle.

Online Health Risk Assessment Tool

Also via the website, you can access personal health assessments and reports, through the Health Risk Assessment Tool. This tool assigns you with a health rating and provides further information on how best to manage your health.

Accessing our EAP

Provider	The benefit is provided by Telus Health		
Telephone	0800 2711500		
Website	https://envigo.lifeworks.com/		
	Username	EnvigoGB	
	Password	EnvigoEAP	